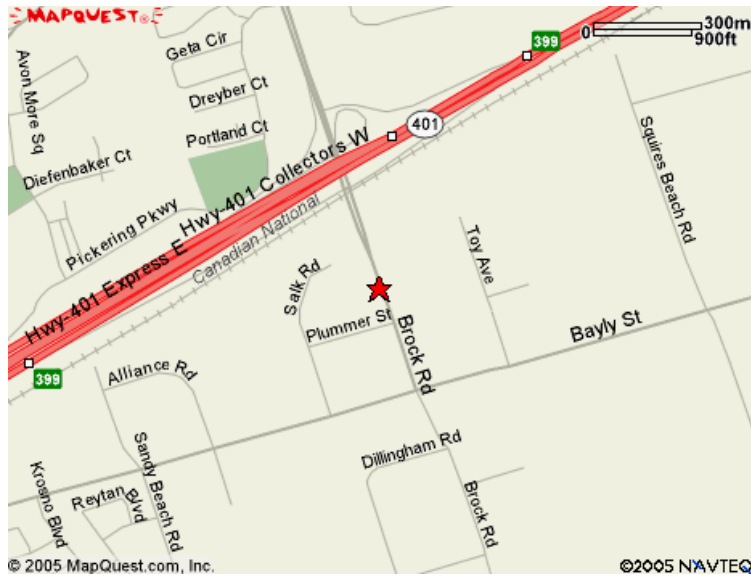


**Athletic Training Professionals Inc. (ATP)
1050 Brock Rd Unit 20 & 21
Pickering, ON, L1W3X4**

Email: info@torontoathlete.com
Telephone: 905-839-1516



The ATP's 3500 sq.ft Conditioning Centre is conveniently located near the 401. Exit Brock Rd. south, turn right on Plummer St. and another quick right into the plaza. From Bayly St.: turn north on Salk Rd., right on Plummer St. and left into the plaza.

FACILITIES INCLUDE

- Athletic Therapy Centre**
- Chiropractic Office**
- Massage Therapy Office**

Pro Shop

Specializing in One-on-One Sports Specific Rehabilitation and Injury Prevention for all athletes. Specializing in A.R.T. and athletic injuries. Offers acupuncture and orthotic fitting. Offers therapy to improve blood and lymph circulation, decrease pain and inflammation, improve mobility, decrease muscle soreness, as well reduce overall stress and tension. ATP's pro shop will house various products, clothing and sport supplements from the following suppliers plus many more:



Agility Team Room

1100 sq.ft team training room for speed and functional work
Plyo Balls 4-30lbs for explosive plyometric training
Agility Cones
Plyometric Performance boxes
Agility ladders
Functional Flexibility Straps
Speed Sleds/Chutes
ATP's Accomplished Wall
3 x 20 m speed lanes
20 skipping ropes and much more...

Strength Room

3 Olympic lifting power platforms
3 Varsity Power Racks equipped with custom chin up bars
1,000's of lbs of weights
2500 lbs of Olympic Bumper Plates
2 sets of Dumbbells ranging from 5-130 lbs
5 Adjustable Incline/Decline performance benches
Multi- Cable 6 station
Adjustable Hi/Low cable Pulley system
Numerous Anti-Burst Swiss balls of different sizes
Steel Chains
Stretch Bands for speed and flexibility
Wobble Boards and much more...

Testing Equipment

Cardio Coach for VO2max and anaerobic threshold testing to maximize training effectiveness
Cybex Incline /Decline Treadmill for sudden adjustments and speed training
Metacheck – metabolic rate analysis system to determine exact calories required
Medical Scale
Vertical Jump Tester
Body Fat Calipers for precise % measurements
Blood Lactate Analyzer

Other Facility Features

Air Conditioned and Well Ventilated
Free Parking
Stereo System (Music – Athlete's Choice)
Athlete Change Room
Shower

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